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Head Teacher Mrs Vicky Barron B.Sc(Hons) GTP Primary

Friday 8<sup>th</sup> March 2019

Dear Parents and Carers,

Over the course of the past couple of weeks we have noticed that more and more children are eating sugary snacks at break time and this is now something that we need to address.

We would like to remind all parents that children should only be eating a **fruit, vegetable or other non-sugary snack** at break time.

As you know, if your child is aged 4 to 6, they are entitled to receive a free piece of fruit or vegetable each school day and this continues to be provided for those children.

From Monday next week, children will be asked to put away any snacks that do not fit with our request and will be offered a piece of fruit or vegetable in their place; provided we have enough spare. If we do not have enough spare they will need to go without a snack, which is not ideal for them.

Please help us by sending your child in with the correct break time snack and keep any sugary snacks for lunch time only.

Kind regards

Mrs Vicky Barron

Head teacher

Sheepscombe Primary School